

Friday, February 7

- Go Red Day for Heart Health Awareness - 12:01am
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Go Red Day for Heart Health Awareness

Time: 12:01am

Bolivar Medical Center is excited to announce **Go Red Day**, a special event on **Wednesday, February 7**, in celebration of **Heart Health Awareness Month**.

Heart disease is the leading cause of death in the United States, and this February, we're raising awareness and encouraging our community to prioritize heart health.

Join us as we **go red** to shine a light on this important cause:

- **Wear Red:** Dress in your favorite red attire to show your support for heart health awareness.
- **Spread the Word:** Snap a photo and share it on social media using the hashtag **#OurClevelandHearts** to help promote the message.
- **Take Action:** Together, we can inspire healthier choices and promote better heart health for everyone in our community.